Com	Man	Tue	Wood	Thu	F.:	Cot
Sun	Mon	Tue  1 Biscuits and Sausage Gravy Hot/Cold Cereal	Wed  2 Scrambled Eggs Bacon Blueberry Muffin Hot/Cold Cereal	Thu 3 Scrambled Eggs Sausage Patty Cinnamon Coffee Cake Hot/Cold Cereal	Fri 4 Scrambled Eggs Bacon Cinnamon Roll Hot/Cold Cereal	5 Pancakes Sausage Patty Fresh Fruit Hot/Cold Cereal
6 French toast Sausage Patty Hot/Cold Cereal	7 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal	8 Biscuits and Sausage Gravy Hot/Cold Cereal	9 Scrambled Eggs Bacon Blueberry Muffin Hot/Cold Cereal	10 Cheese Omelet Toast Hot/Cold Cereal	11 Scrambled Eggs Bacon Cinnamon Roll Hot/Cold Cereal	12 Pancakes Sausage Patty Hot/Cold Cereal
13 French Toast Sausage Patty Hot/Cold Cereal	14 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal	15 Biscuits and Sausage Gravy Hot/Cold Cereal	16 Scrambled Eggs Bacon Blueberry Muffin Fresh Fruit Hot/Cold Cereal	17 Egg & Cheese Sandwich Sausage Patty Hot/Cold Cereal	18 Scrambled Egg Bacon Coffee Cake Hot/Cold Cereal	19 Pancakes Sausage Patty Hot/Cold Cereal
20 French Toast Sausage Patty Hot/Cold Cereal	21 Scrambled Eggs Sausage Patty Toast Hot/Cold Cereal	22 Biscuits and Sausage Gravy Hot/Cold Cereal	23 Scrambled Eggs Bacon Breakfast Muffin Hot/Cold Cereal	24 Breakfast Casserole Toast Hot/Cold Cereal	25 Scrambled Eggs Bacon Cinnamon Roll Hot/Cold Cereal	26 Pancakes Sausage Patty Hot/Cold Cereal
27 French Toast Sausage Patty Hot/Cold Cereal	28 Cheesy Eggs Sausage Patty Toast Fruit Cup Hot Cold Cereal	29 Biscuits and Sausage Gravy Hot/Cold Cereal	30 Scrambled Eggs Bacon Blueberry Muffin Hot/Cold Cereal	31 Scrambled Eggs Sausage Patty Cinnamon Coffee Cake Hot/Cold Cereal		October Breakfast 2024 Senior Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Herb Pork Roast Corn Casserole Garlic Green Beans	2 Meatloaf Au Gratin Potatoes Creamed Peas	3 Meal of the Month Hot Dog/Brat Baked Potato Baked Beans Cherry Pie Ala Mode	4 Fish of the Day Buttered Eggs Noodles Mixed Veggies	5 Chicken Fried Steak Mashed Potato 8 Country Gravy Carrots
6 Roast Beef Mashed Potatoes & Gravy Mixed Veggies	7 Herb Roast Pork Candied Sweet Potatoes Buttered Cabbage	8 Chicken Pot Pie Glazed Carrots	9 Lasagna Cauliflower Garlic Bread	10 Italian Breaded Chicken Herb Roasted Potatoes Broccoli	11 Fish of the Day Macaroni Salad Green Beans	12 Sloppy Joes Tater Tots Mixed Veggies
13 Honey Glazed Turkey Herb Stuffing Carrots	14 Breaded Chicken Patty on Bun Ranch Potato Wedges	15 Polish Sausage German Potato Salad Spinach	16 Meatloaf Mashed Potatoes Mixed Veggies	17 Beef Stew Buttered Peas Biscuit	18 Fish & Cheese Sandwich Potato Chips Stewed Tomatoes	19 Country Ham Steak Cheesy Hashbrown Casserole Green Beans
20 Fried Chicken Mashed Potatoes & Gravy Mixed Greens	21 Spaghetti & Meat Sauce Italian Tossed Salad	22 Beef Soft Taco Fiesta Corn	23 Baked Ham Sweet Potato Casserole Candied Carrots	24 Country Fried Steak & Gravy Mashed Potatoes Peas	25 Fish of the Day Mac & Cheese Green Beans	26 Apple Glazed Pork Loin Herb Roasted Potatoes Veggie Blend
27 Ham & Beans Peas & Carrots Cornbread	28 Baked Chicken & Onion Gravy Herb Stuffing Veggie Medley	29 Herb Pork Roast Corn Casserole Garlic Green Beans	30 Meatloaf Loaded Mashed Potatoes Creamed Peas	31 Meal of the Month BBQ Meatballs Cucumber & Tomato Salad Potato Salad Apple Pie		October Lunch 2024 Senior Living

Always available items are available, Cheeseburger, Hamburger, Grilled cheese, and items listed in your dining room.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Scrambled Eggs Bacon or Sausage Hashbrowns Toast	Chicken Alfredo Over Pasta Green Beans Garlic Bread	3 Roast Turkey Mashed Potatoes Broccoli	4 Baked Ziti w/ Italian Sausage Succotash Garlic Bread	5 Grilled Ham & Cheese Sandwich Potato Chips
6 Tuna Noodle Casserole Tossed Salad	7 Grilled Turkey & Cheese Sandwich Chips	8 Chili Cheese Dog on Bun Tater Tots	9 Ham & Beans Fried Potatoes	10 Cheeseburger on Bun Fries	11 Deli Meat & Cheese Sandwich Creamy Coleslaw	12 Cheese Tortellini w/ Marinara Sauce Italian Blend Veggies
13 Beef Chili Tossed Salad Cornbread	14 Salisbury Steak Mashed Potatoes Creamed Corn	15 Stuffed Bell Peppers Dinner Roll	16 Creamy Mushroom Chicken Stewed Tomatoes Herb Buttered Noodles	17 BBQ Pork on Bun Baked Beans Coleslaw	18 Herb Roasted Chicken Garlic Red Potatoes Broccoli & Cheese	19 Meatball Sub Chips Three Bean Salad
20 Ham Salad Sandwich Macaroni Salad Diced Tomato Salad	21 Sweet & Sour Chicken Lo Mein Noodles Sauteed Peppers & Onions	22 Cheeseburger Relish Plate French Fries	23 Chicken & Dumplings Broccoli Dinner Roll	24 BBQ Pork on Bun Tater Tots Creamy Coleslaw	25 Cream of Tomato Soup Grilled Cheese Buttered Corn	26 Baked Chicken Tenders Chips Baked Beans
27 Grilled Sausage Cuts Herb Potatoes Braised Cabbage	28 Chil Mac Broccoli Cornbread	29 Scrambled Eggs Bacon or Sausage Hashbrowns Toast	30 Chicken Alfredo over Pasta Green Beans Garlic Bread	31 Roast Turkey Mashed Potatoes Broccoli		October Dinner 2024 Senior Living

Alternative items are available.